

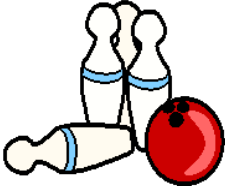



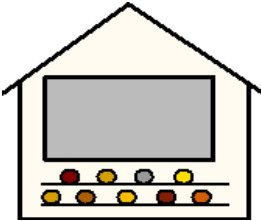


Charity Number 1163672 Rhif Elusen

DASH

Disabilities and Self Help / Delio Ag Anabledd A Sialens Hunangymorth

Friendzabout Activity Days

Monday 6 th April	Tuesday 7 th April	Wednesday 8 th April
<p>Bowling Xcel Bowl, Carmarthen</p> 	<p> Y Bungalow</p> <p> Making snacks</p> <p> Crafts</p>	<p>Cinema Theatre Mwldan, Cardigan</p> 
<p>£15.00</p>	<p>£15.00</p>	<p>£15.00</p>

DASH office – 01545 570951 / gail@dashceredigion.org.uk / 07855 156962