

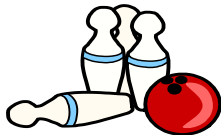



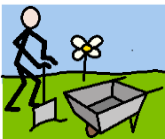



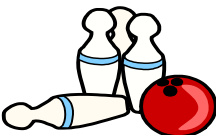


## Activity Days 2023

<p>Tuesday 1<sup>st</sup> August £15.00 DASH Bungalow Llanilar Arts and Crafts</p> 	<p>Wednesday 2<sup>nd</sup> August £15.00 Swimming Aberaeron Pool</p> 	<p>Thursday 3<sup>rd</sup> August £15.00 Bowling Xcel Bowl, Carmarthen</p> 
<p>Tuesday 8<sup>th</sup> August £15.00 DASH Bungalow Llanilar Yoga Session</p> 	<p>Wednesday 9<sup>th</sup> August £15.00 Fort Alpacas Tregaron</p> 	<p>Thursday 10<sup>th</sup> August £15.00 HEATHERTON</p> 
<p>Tuesday 15<sup>th</sup> August £15.00 DASH Bungalow Llanilar Gardening</p> 	<p>Wednesday 16<sup>th</sup> August £15.00 DASH Bungalow Llanilar Cooking</p> 	<p>Thursday 17<sup>th</sup> August £15.00 Oakwood</p> 
<p>Tuesday 22<sup>nd</sup> August £15.00 DASH Bungalow Llanilar Arts and Crafts</p> 	<p>Wednesday 23<sup>rd</sup> August £15.00 Bowling Xcel Bowl, Carmarthen</p> 	<p>Thursday 24<sup>th</sup> August £15.00 Hangar 5 Trampoline Park, Haverfordwest</p> 